

# Where do you see yourself?

MOUNTAIN REIGN

## 1 the Perfectionist *type*

Desires: integrity, balance, accuracy, being right. Represses anger leading to resentment & frustration towards themselves and others.

## 2 the Helper *type*

Needs to be wanted. Denies their own needs & focuses on others with the hope that they will be told how needed they are.

## 3 the Achiever *type*

Desires status, respect, admiration, and success. A masterful chameleon that presents a persona for others to admire.

## 4 the Individualist *type*

Desires to know they are seen and loved as they are but feels they are tragically flawed, plain and insignificant.

## 5 the Investigator *type*

Desires to know their needs are important and that they are capable. Fears having obligations beyond their energy stores.

## 6 the Guardian *type*

Desires to feel safe and secure. Attempts to predict negative outcomes, continually worries and fears not being supported, targeted or blamed.

## 7 the Optimist *type*

Desires being satisfied, content and taken care of. Fears being trapped, emotional pain, missing out and tries to fill themselves up with stimulation.

## 8 the Challenger *type*

Needs to protect themselves and their people. Fears being weak, powerless, vulnerable, manipulated or betrayed. Controls their environment to get what they need.

## 9 the Peacemaker *type*

Needs peace of mind and to know their presence matters. Fears being in conflict, tension, and overlooked. Bends to accommodate others and is idealistic to keep the peace.